

**Ferrin's horn and bone buttons** come from Guardian Village Handicrafts, a rescue organization that buys women out of the sex trade in Nepal.



RETIERS: RONALD GRANT, JACO RUIZ



**Nest wood pendant necklace, \$275.**  
Elements



**Nest oxidized metal bangles, \$150 (set of 5).**  
Elements

**BREAKOUT MOMENT:** "Fall 2006, winning Stanley Korshak and Dallas Fashion Incubator's Texas' Next Top Designer"

**ROOTS:** "Growing up at the foot of the Grand Tetons for 18 years probably helped lay a strong creative foundation for me, which regular attendance at Tsada Yoga helps me maintain. Fly-fishing with my dad, even just the memory of it, is also a huge inspiration. He makes it an art, and there are so many amazing colors, lines and textures when you are on the river in the shadow of the Tetons."

**STYLE ICONS:** "Audrey Hepburn and Jackie O. I definitely stick with tradition on this note."

**FAVORITE PIECE FOR SPRING:** "The hooded silk jersey dress in silver, teal or chocolate. It has the signature horn toggle made by women in Nepal who have been bought out of the sex trade, and it is just divine."

**ALSO ON THE SHOPPING LIST:** "Ha! When do I have time to shop? I am going to make time to buy some accessories from fellow Dallas designer Janette Wilkinson of Nest Jewelry and custom jewelry from Sam Kraus. ... Also, every girl has to browse through Neiman Marcus at least once a season, right?"

**NIGHT OWL OR EARLY BIRD?** "Night owl ... I always plan my day the night before so I don't have to think too much in the morning. Thank goodness that after much pleading, my sewing team decided to change their start time from 6:30 a.m. to 8 a.m. That was rough!"

**COFFEE OR TEA?** "Double espresso"

## LISTED

**ON THE BEDSIDE TABLE:** "A beautiful framed painting of the sea by my 7-year-old cousin, Emily Streidl."

**BEAUTY ESSENTIALS:** "The Los Angeles company Lather has an amazing line of innovative products and beauty treatments that get me through the stressful times and add that extra joy to my day."

**GETAWAY SPOTS:** "Anywhere in South America (I spent New Year's in Chile with my boyfriend), the South of France with my cousin and her daughter, and regular visits to Colorado to visit my family and ski."

**SOUNDTRACK:** "My music taste is all over the board. I love Juanes, Sin Banderas, The Pixies, The Killers, Pearl Jam, Green Day and Kenny Rogers. Should I admit that my favorite song lately has been the one that goes, 'Everyone Knows I'm in Over My Head'?"

**WEB WATCH:** "Tsadayoga.com — to check the schedule for the best yoga classes in Dallas; 2bellies.com — fun stuff; hollywoodpreviews.com — to keep in the Hollywood loop."

**BEST GIFT EVER:** "My great grandmother's Singer treadle sewing machine, which is over 100 years old. She made all of her clothes and her 17 children's, as well, on this machine, so it is priceless to me."

**SECOND-BEST GIFT EVER:** "A two-foot Remington sculpture of a man on a bucking horse with rattlesnakes below. It was given to me by a friend to remind me every day to be aware and not too trusting."

## AS SEEN IN STYLEPHILE



**Lather skin and body care, \$15 to \$38.**  
lather.com



**Home sweet home:**  
Wyoming's Grand Tetons

AMY LOW

**Pick hit:**  
the silk jersey hooded dress, \$600.  
Elements

